



QUIZ: ARE YOU A PATRICK OR FLIPPA KIND OF FRIEND?

Take the quiz to find out what kind of friend you're most like.

DO YOU:

- a) Always like to sit on the iceberg with the best view?
or
- b) Not really mind which iceberg you sit on?

DO YOU:

- a) Tend to have the best ideas - like narwhal gazing or cloud watching?
or
- b) Hope that someone else thinks of something to do?

DO YOU:

- a) Like catching fish?
or
- b) Oh. Like catching fish?

ARE YOU:

- a) The life and soul of any snowball fight?
or
- b) Hope the snowball fight gets cancelled?

DO YOU:

- a) Love splashing out in front of others?
or
- b) Fear that you might sink?

DO YOU:

- a) Worry that your best friend might eat you?
or
- b) Wish your best friend would stop putting you down?



Mostly A: You are a **flippa** kind of friend

Mostly B: You are a **Patrick** kind of friend

BOTH CAN BE LOVELY MOST OF THE TIME!

But as the book will show you, it's all about setting boundaries.